



Regular Meeting Agenda
Parks and Recreation Commission

Maureen Grzan-Pieracci - Commissioner
Neil Berman - Commissioner
Craig van Keulen - Commissioner
Mary Seehafer - Commissioner
Matt Wendt - Commissioner
Richard Scott - Commissioner
Ronald Locicero - Commissioner

Tuesday, January 15, 2019 7:00 pm

Council Chamber
17555 Peak Avenue, Morgan Hill, CA 95037

CALL TO ORDER

ROLL CALL ATTENDANCE

DECLARATION OF POSTING OF AGENDA

Per Government Code 54954.2

PLEDGE OF ALLEGIANCE

PUBLIC COMMENT

Members of the public are entitled to address the Commission concerning any item within the Commission's subject matter jurisdiction. Public comments are limited to no more than three minutes. Except for certain specific exceptions, the Commission is prohibited from discussing or taking action on any item not appearing on the posted agenda. (See additional noticing at the end of this agenda)

RECOGNITION

Aileen Foster - Volunteer Driver Program

COMMUNITY SERVICES DIRECTOR REPORT

ADOPTION OF THE AGENDA

BUSINESS:

1. **APPROVE THE DECEMBER 18, 2018 MEETING MINUTES**

Recommendation:

Approve Minutes.

2. **OLDER ADULT SERVICES STAFF REPORT**

Recommendation:

Recieve the Older Adult Programs and Services Staff Report.

3. **RESOLUTION IN SUPPORT OF THE CITY'S APPLICATION FOR GRANT FUNDS UNDER THE SANTA CLARA VALLEY WATER DISTRICT'S SAFE, CLEAN WATER AND NATURAL FLOOD PROTECTION PROGRAM**

Recommendation:

Adopt a resolution in support of the City's application to the Santa Clara Valley Water District's Safe, Clean Water and Natural Flood Protection Grant Program for the Madrone Channel Trail Improvements.

4. **COMMISSION WORK PLAN UPDATES**

Recommendation:

Discuss and provide updates on Work Plan items.

ANNOUNCEMENTS

FUTURE COMMISSION AGENDA ITEMS:

ADJOURNMENT

NOTICE

All public records relating to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act that are distributed to a majority of the legislative body less than 72 hours prior to an open session, will be made available for public inspection at the Office of the City Clerk at Morgan Hill City Hall located at 17575 Peak Avenue, Morgan Hill, CA, 95037 at the same time that the public records are distributed or made available to the legislative body. (Pursuant to Government Code 54957.5)

PUBLIC COMMENT

Members of the Public are entitled to directly address the Commission concerning any item that is described in the notice of this meeting, before or during consideration of that item. If you wish to address the Commission on any issue that is on this agenda, please complete a speaker request card located in the foyer of the Commission Chambers, and deliver it to the Minutes Clerk prior to discussion of the item. You are not required to give your name on the speaker card in order to speak to the Commission, but it is very helpful. When you are called, proceed to the podium and the Mayor will recognize you. If you wish to address the Commission on any other item of interest to the public, you may do so during the public comment portion of the meeting following the same procedure described above. Please limit your comments to three (3) minutes or less.

Please submit written correspondence to the Minutes Clerk, who will distribute correspondence to the Commission.

Persons interested in proposing an item for the Commission agenda should contact a member of the Commission who may plan an item on the agenda for a future Commission meeting. Should your comments require Commission action, your request may be placed on the next appropriate agenda. Commission discussion or action may not be taken until your item appears on an agenda. This procedure is in compliance with the California Public Meeting Law (Brown Act) Government Code §54950.

City Council Policies and Procedures (CP 03-01) outlines the procedure for the conduct of public hearings. Notice is given, pursuant to Government Code Section 65009, that any challenge of Public Hearing Agenda items in court, may be limited to raising only those issues raised by you or on your behalf at the Public Hearing described in this notice, or in written correspondence delivered to the Commission at, or prior to the Public Hearing on these matters.

The time within which judicial review must be sought of the action by the Commission, which acted upon any matter appearing on this agenda is governed by the provisions of Section 1094.6 of the California Code of Civil Procedure.

For a copy of Commission Policies and Procedures CP 97-01, please contact the City Clerk's office (408) 779-7259, (408) 779-3117 (fax) or by email michelle.wilson@morganhill.ca.gov.

AMERICANS WITH DISABILITIES ACT (ADA)

In compliance with the Americans with Disabilities Act, if you are a disabled person and you need a disability-related modification or accommodation to participate in this meeting, please contact the City Clerk's Office at (408)779-7259, (408)779-3117 (fax) or by email michelle.wilson@morganhill.ca.gov. Requests must be made as early as possible and at least two-full business days before the start of the meeting.

DRAFT



Meeting Minutes Parks and Recreation Commission

Maureen Grzan-Pieracci - Commissioner
Neil Berman - Commissioner
Craig van Keulen - Commissioner
Mary Seehafer - Commissioner
Matt Wendt - Commissioner
Richard Scott - Commissioner
Ronald Locicero - Commissioner

Tuesday, December 18, 2018 7:00 pm

Council Chamber
17555 Peak Avenue, Morgan Hill, CA 95037

CALL TO ORDER

ROLL CALL ATTENDANCE

Attendee Name	Title	Status	Arrived
Maureen Grzan-Pieracci	Commissioner	Present	
Neil Berman	Commissioner	Present	
Craig van Keulen	Commissioner	Absent	
Mary Seehafer	Commissioner	Present	
Matt Wendt	Commissioner	Present	
Richard Scott	Commissioner	Absent	
Ronald Locicero	Commissioner	Present	

DECLARATION OF POSTING OF AGENDA

Per Government Code 54954.2

PLEDGE OF ALLEGIANCE

Minutes Acceptance: Minutes of Dec 18, 2018 7:00 PM (BUSINESS:)

PUBLIC COMMENT

Doug Muirhead provided general public comments on the City Council approving grant applications.

RECOGNITION

Astrid Arretz Park Place Apartments received recognition from the Commission.

COMMUNITY SERVICES DIRECTOR REPORT

Provided by Director.

ADOPTION OF THE AGENDA

BUSINESS:

1. APPROVE THE NOVEMBER 20, 2018 MEETING MINUTES

Recommendation:

Approve Minutes.

RESULT:	ACCEPTED [UNANIMOUS]
MOVER:	Matt Wendt, Commissioner
SECONDER:	Maureen Grzan-Pieracci, Commissioner
AYES:	Grzan-Pieracci, Berman, Wendt, Locicero
ABSENT:	van Keulen, Seehafer, Scott

2. MAGICAL BRIDGE UPDATED CONCEPT DESIGN

Recommendation:

Recommend approval of the updated conceptual design for the Magical Bridge Inclusive Playground at Community Park.

Recommended the City Council approve the conceptual design for the Magical Bridge Playground at Community Park.

RESULT:	ADOPTED [UNANIMOUS]
MOVER:	Ronald Locicero, Commissioner
SECONDER:	Matt Wendt, Commissioner
AYES:	Grzan-Pieracci, Berman, Seehafer, Wendt, Locicero
ABSENT:	van Keulen, Scott

3. RECREATION AFTERSCHOOL AND COMMUNITY OUTREACH REPORT

Recommendation:

Receive report on the Afterschool and Community Outreach programs and services delivered by the Community Services Department.

Received report from Mariah Dabel, Community Services Supervisor and Chiquy Mejia, Recreation Coordinator.

4. SPORTS FACILITY DEVELOPMENT UPDATE

Recommendation:

Receive update on sports facility development.

The Commission received update from Chris Ghione, Public Services Director.

5. MEETING SCHEDULE DISCUSSION

Recommendation:

Discuss future Commission meeting schedule.

No action was taken. The Chair will discuss more frequent meeting cancellations of agendas are light and no action items are necessary.

6. COMMISSION WORK PLAN UPDATES

Recommendation:

Discuss and provide updates on Work Plan items.

Commissioners discussed work plan items and Commissioner Berman was added to specific items.

ANNOUNCEMENTS**FUTURE COMMISSION AGENDA ITEMS:****ADJOURNMENT**

9:02 Pm



PARKS AND RECREATION COMMISSION STAFF REPORT

MEETING DATE: January 15, 2019

PREPARED BY: Debbie Vasquez,
APPROVED BY: Chris Ghione, Community Services Director

OLDER ADULT SERVICES STAFF REPORT

RECOMMENDATION(S)

Recieve the Older Adult Programs and Services Staff Report.

REPORT NARRATIVE:

Background

The Morgan Hill Centennial Recreation Senior Center has been a hub for older adult services since 2008. The unique partnership between the City of Morgan Hill and YMCA created a model that provided for immense older adult services at a very low cost to taxpayers.

September 2015 the Older Adult Services Supervisor was hired to oversee Programs and Services for the 50+ population for the City of Morgan Hill. From September 2015 to April 2016 staff worked to assemble the Senior Advisory Committee and put together a work plan to earn Morgan Hill the designation of being a World Health Organization Age-Friendly City.

At the November 18, 2015 City Council Meeting, staff provided an overview of the World Health Organization's (WHO) "Age-Friendly" City designation process. Reflected in that report, were two major global trends: rapid aging and increasing urbanization.

On April 6th, 2016 staff gave a report at City Council on the World Health Organization's "Age-Friendly Cities" Initiative and the City Council adopted a resolution:

- 1) Designating Morgan Hill's commitment to become an "Age-Friendly" City;
- 2) Authorizing the Mayor to sign a letter of support; and
- 3) Authorizing the City Manager to execute the application form to the World Health Organization for designation of Morgan Hill as an "Age-Friendly" City.

In an Age-Friendly City, policies, services, settings and structures enable and support people as they grow older to live healthy and vibrant lives. Age-Friendly ideals optimize opportunities for health, participation and security in order to enhance the quality of life as people age. There are 8 domains which make up an aging friendly City; Mobility/Transportation, Outdoor Spaces and Buildings, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, Community and Health Services.

Three projects were identified by the Senior Advisory Committee to submit with the

World Health Organization Age-Friendly application. These projects addressed three of the Age-Friendly domains; Communication/Information, Mobility/Transportation, Community Support/Health Services.

On June 24, 2016, the City of Morgan Hill was welcomed as a new member of the World Health Organization's Global Network of Age-Friendly Cities and Communities and has been a leader for other cities in this County-wide initiative. The designation has committed Morgan Hill to an intentional planning and improvement process to better meet the needs of our older adult residents.

Since the Older Adult Services last report to the Parks and Recreations Commission on February 20, 2018 many achievements have been made. The most notable achievement is the addition and success of the Volunteer Driver Program, Get'n Around Town. The Volunteer Driver Program started as a pilot in October 2017. This program is a door-to-door transportation service, it allows seniors who are homebound to be able to stay connected to their community and be able to access vital services. Volunteers who have been screened, use their own time and vehicle to provide rides to eligible seniors who are no longer able to drive. The volunteer picks the senior up at their residence, drives the senior to their destination, and then returns the senior home again. Rides are being offered in Morgan Hill between the hours of 8am-5pm Monday through Friday. There is a small fee associated with this service. The biggest challenge with this program is the ongoing recruitment of qualified and screened volunteers, as well as staff time necessary to administer and grow this impactful program. Currently, there are 21 active riders, the average age of riders is 84. A total of 448 rides have been provided with mileage of 1, 218. There are 10 active drivers who have volunteered 263 hours of time. Staff have included a flyer about the Volunteer Driver Program and will highlight during the presentation.

With a limited budget and a very lean team of only one full-time, and three part-time teammates, this center relies heavily on partnerships, collaborations, as well as volunteers. Since the last report to the Commission a new key partnership has been established with the Chamber of Commerce. The newly created Morgan Hill Aging Council is now a sub-committee of the Senior Advisory Committee. This committee will be actively engaging the business community in age friendly efforts, and highlighting community events that would benefit older adults. The Committee will also provide additional opportunities for Social Participation and Fun! The Chair of this Committee is Ken Tak, franchise owner of Home Instead Senior Care in Morgan Hill.

The Senior Advisory Committee and Morgan Hill Aging Council organized the first ever Healthy Aging Week October 8th-October 12th. The goal of Healthy Aging week was to connect older adults with a variety of ways to be active and engaged in the community. It was an opportunity to access local senior services, explore new areas of interest, meet other seniors and have a good time. Healthy Aging Week consisted of several different types of exercise classes, Hawaiian Luau, Bingo, Guided Hike, Movies, Veteran's Presentation, Bocce Ball Tournament, and culminated in the 3rd Annual Senior Resource Fair. This week exemplified community collaboration and partnerships and was a huge success with over 450 older adults participated in the week-long

activities. The Morgan Hill Chamber of Commerce, Visiting Angels, CareMore Health/Anthem Blue Cross, Home Instead, County Department of Aging and Adult Services, CRC, Friends of the Morgan Hill Senior Center, Veteran's Affairs, Gavilan College, Rotary, Westmont Senior Living, Sue's Story Project, Cochrane Road Self Storage, California Passport Tours, Loma Clara, Morgan Hill Downtown Association, as well as over 30 other senior service providers and individuals within the community helped bring this vision to reality. The planning committee has conducted a recap meeting and has already committed to a 2nd Annual Healthy Aging Week.

For the month of December over 130 people attended the Holiday Party on December 17th at the Senior Center. Many seniors who attend the Senior Center consider this community part of their family. At this festivity, every senior received a gift, a free full holiday spread for lunch, and were surrounded by a caring senior family and friends. The community partners who helped make this event such a success was; C & M Raby Company, Russell and Tracey Scott, Market Me Video Production, Home Instead Senior Care, Westmont Senior Living, Boy Scout Troop 730, Live Oak Reach Out Club, Senior Center Volunteers, Santa Clara Valley Thunderbird Car Club, Chamber of Commerce, and California Passport Tours. In addition, there were four community groups who performed at the Senior Center during December; Mt. Madonna School Choir, Oakwood 1st Graders, "Bluer than Blue", Morgan Hill and Gilroy River of Life.

Future Efforts

Sustainability of Older Adult Services is a top priority and continued efforts will be focused on working collaboratively with the Friends of the Morgan Hill Senior Center to fully implement an Endowment Program. The goal of this Endowment Program is to raise 1.5 million dollars through Naming Rights, a Giving Tree, and other Planned Giving.

The Older Adult Services Strategic Plan dated 2015-2018 has been implemented and it is time for a new Strategic Planning process. The Senior Advisory Committee will be engaging the community to establish a new 5-year Older Adult Services Age-Friendly Strategic Plan. The 2015-2018 strategic plan was focused on establishing a new Older Adult Services Department and stabilizing Senior Center operations. This new plan will take a more comprehensive look at Older Adult Services throughout the City, and initiatives that create a more Age-Friendly Morgan Hill where older adults thrive.

Staff will give an overall update on the programs and services provided by the department.

LINKS/ATTACHMENTS:

1. Age-Friendly Projects
2. Get'n Around Town Flyer
3. HAW Flyer and schedule
4. PRC Presentation 1.15.19

City of Morgan Hill World Health Organization Age-friendly City Projects

Short-Immediate-Project #1: Improve Communication and Information

Communication and Information: Communication and access to information in today's society can be challenging. People of different ages have varying levels of comfort, ability to use, and access to the various types of media that are used. Although communicating exclusively through digital formats is increasingly common, print media or community information areas (e.g., pin boards, pamphlets, displays) are preferred or required by many older adults. In order for Morgan Hill to be an age-friendly city with respect to communication and information, it is important to provide information in a range of ways that are easy to find, improve online resources and formatting (e.g., websites age friendly), utilize existing organizations to disseminate information and opportunities for engagement and activities, and provide educational opportunities for learning new technologies and media.

- **Launch a Newspaper Column, and have an Age-Friendly Educational Campaign:**
Utilize the newspaper column to communicate important issues concerning our seniors. Educate the community about what "age-friendly" means and why it matters? How can we become more age friendly, and how can individuals contribute to the effort? These questions surround the push to make cities around the world age friendly, and Morgan Hill is primed to take the initiative to the next level. We should highlight the fact that our city is aging in an unprecedented fashion; create an understanding that aging is an issue that affects everyone; provide examples of what "age friendly" is (e.g., respecting and valuing older adults, intergenerational mentoring); and highlight opportunities for community support and action.
- **Improve the dissemination of information** through existing organizations and communication channels. This should include faith-based organizations, senior housing facilities and mobile home parks, neighborhood associations, HOA's and other places where information exchanges can and should be concentrated.

Short-Immediate-Project #2-Improve Access to Community Support and Health Services

Community Support and Health Services: Community and Health Services are particularly important for older adults due both to normal aging processes and to disease-related challenges that often occur later in life. It is crucial to determine how to shift from a model of acute care that depends on large-scale medical institutions to a preventive and proactive model that values home and community-based care, as well as a range of supportive health policies and approaches.

Partnerships and collaborations-continue to establish partnerships and collaborations to deliver programs and services to meet the needs of our community. There is still a very high need for Case Management as well as other support services.

- **Internship Site**-Work directly with the local Universities, utilizing departments such as Nursing, Health Professionals, Health Science and Recreation, Social Work, Gerontology to deliver innovative programs and services at low cost to the community.
- **Case Management**-Continue to work with the County, Sourcewise, Institute on Aging and other providers to try and secure Case Management at the Senior Center.

Long Range- Project #3: Foster the use and availability of alternative transportation options.

Transportation: Transportation is vital to older adults' mobility, quality of life, and independence. It takes many forms, including private automobiles, public transit and paratransit services, community transportation options, bicycling, walking, and other emerging modes (e.g., small electric vehicles). Historical development patterns affect our transportation choices, and areas within Morgan Hill hold differing challenges and opportunities. Transportation planning is critically important to creating an age-friendly community, including the need to locate transportation infrastructure in close proximity to housing that meets the need of a range of citizens, as well as to services that are necessary for accomplishing daily activities.

Transportation is a complex issue, and South County has unique challenges that will need to be addressed. This will require working regionally and collaboratively with VTA, other key stakeholders, and community partners.

- **Shuttle Service**-Work to establish a bus/van shuttle to and from the Senior Center to various locations throughout Morgan Hill. This shuttle could pick up/drop off at Westmont, The Lodge, Mobile Home Parks, Downtown and other key locations in the community. The shuttle could be used for day trips, getting a group of seniors to special events/meetings, and community volunteer opportunities. In addition, the shuttle could be utilized for youth programming, as well as the Youth Advisory Committee. In order to bring this goal to fruition it will require working to identify potential community partners and funding sources.
- **Explore other** transportation options that are community oriented, such as car-share, volunteer drive programs, and local cooperatives.



Get'n Around Town

Volunteer Driver Program

**Looking for a volunteer opportunity?
Have a couple hours a week to help seniors?**

The ***Get'n Around Town Driver Program*** is looking for volunteers to participate in this new program. Volunteers will help seniors get to their appointments, run errands, or get groceries.

By volunteering for this program, you will:

- Keep Morgan Hill seniors connected to their community!
- Invest your time in a meaningful opportunity.
- Build relationships with people in Morgan Hill.
- Help seniors who are otherwise unable to get around.



Important Information:

- All rides take place in Morgan Hill (95037)
- One way and round-trip rides will not exceed 20 miles
- Rides are available to Senior Center participants
- Rides occur Monday - Friday between the hours of 8am and 4pm

For more information about this program or to participate in the program, please contact:

Debbie Vasquez at 408-310-4254 or
Denise Melroy at 408-310-4255



Morgan Hill invites you to the

2018 Healthy Aging Week & Senior Resource Fair



**Join us for the week from
Monday, October 8 to Friday, October 12, 2018**

Adults age 50 + and families are invited to enjoy health and wellness, fitness activities, workshops, family fun, great food, prizes, giveaways and more!

Event Locations include:

Centennial Recreation Senior Center
Morgan Hill Community & Cultural Center
Morgan Hill Grange Hall
Morgan Hill Playhouse

Daily Event Times between 9AM - 4PM

For more information contact the
Centennial Recreation Senior Center
408-782-1284

Daily highlights include:

- * **Hawaiian Themed Dance**
- with a live Hula Performance
- * **Free screening of the award winning film, "Lives Well Lived"**
- * **Free Bingo for Beginners**
- * **Guided Interpretive Hike**
- * **Free screening of the Golden Globe nominated film, "The Intouchables"**
- * **Bocce Ball Tournament**
- * **Free screening of the award winning documentary film, "Sue's Story"**
- * **Senior Resource Fair!**
Resources, health/wellness, classes, blood pressure health screening, fun & more!



2018 Morgan Hill Healthy Aging Week

Daily Activity Schedule

Monday October 8th, 2018

Time	Activity	Notes	Location
1:00 - 1:55PM	Functional Fitness	Please check in at Welcome Desk. Class in the Studio Room	Centennial Recreation Center
2:00 - 5:00PM	Hawaiian Dance	Free Hawaiian themed dance - Hawaiian attire encouraged. Live Hula performance and refreshments. Sponsored by CareMore Health, Anthem Blue Cross and Visiting Angels	Morgan Hill Grange Hall

Tuesday October 9th, 2018

Time	Activity	Notes	Location
9:00 - 9:55 AM	Fitness for Arthritis	Please come to the Teen Center	Centennial Recreation Center
11:00 - 11:55PM	Chair Yoga	Senior Center Activity Room 1	Centennial Recreation Center
12:45 - 2:45PM	Film screening of "Lives Well Lived"	Free film screening with popcorn & refreshments. Sponsored by Home Instead Senior Care	Community and Cultural Center
3:00 - 4:00PM	Bingo for Beginners	Free buy-in; 3 games total; \$25 winning prize per game	Community and Cultural Center

Wednesday October 10th, 2018

Time	Activity	Notes	Location
9:30 - 12PM	Guided Interpretive Hike	Guided hike led by Ron Horii; classified low grade. Please meet at the Centennial Recreation Center for carpool.	Centennial Recreation Center Hike location: Little Uvas Creek Open Space Preserve
10:00 - 10:55AM	Zumba Gold	Please check in at Welcome Desk. Class in the gym	Centennial Recreation Center
1:00 - 1:55PM	Functional Fitness	Please check in at Welcome Desk. Class in the Studio Room	Centennial Recreation Center
2:00 - 4:00PM	Film screening of "The Intouchables"	Enjoy a Golden Globe nominated free movie with Grant; refreshments sponsored by Westmont of Morgan Hill	Morgan Hill Community Playhouse

Thursday October 11th, 2018

Time	Activity	Notes	Location
9:30 - 12PM	VA Benefits presentation	Interactive presentation of benefits available to veterans Please come to the Senior Center. Snacks sponsored by Visiting Angels	Centennial Recreation Center
10:00 - 10:55AM	Pilates	Room TBD	Community and Cultural Center
2:00 - 4:00PM	Bocce Ball Tournament	Free entry to participate. Please come to the Senior Center Bocce Court. Event and refreshments hosted by Home Instead Senior Care	Centennial Recreation Center

Friday October 12th, 2018

Time	Activity	Notes	Location
10:00AM - 1:00PM	Senior Resource Fair	Resource tables, health/wellness, class demonstrations, blood pressure health screenings by Gardner Family Health staff, education and fun!	Community and Cultural Center
10:30AM - 12PM	Film screening of "Sue's Story"	Free special screening and discussion. Please come to the El Toro Room. Doors close at 10:40AM. Co-hosted by the Sue's Story Project, Friends of the Morgan Hill Senior Center and the City of Morgan Hill.	Community and Cultural Center

Location Legend

	Centennial Recreation Center	171 W. Edmundson Ave. Morgan Hill, CA 95037
	Community and Cultural Center	17000 Monterey St. Morgan Hill, CA 95037
	Morgan Hill Community Playhouse	17090 Monterey St. Morgan Hill, CA 95037
	Morgan Hill Grange Hall	40 E. 4th St. Morgan Hill, CA 95037

Thank you to our sponsors!



City of Morgan Hill

Parks and Recreation Commission Older Adult Services Staff Report January 15, 2019



Older Adult Services Annual Participation

	2015-2016	2016-2017	2017-2018
Senior Programs	29,933	45,704	51,289
Senior Nutrition	17,910 (Avg. 71)	17,868 (Avg. 72)	19,026 (Avg. 76)
Volunteer Hours	5,071	8,091	9,325

Senior Center City Teammates

Older Adult Services Supervisor (full time)

Program Coordinator (part time 25 hrs)

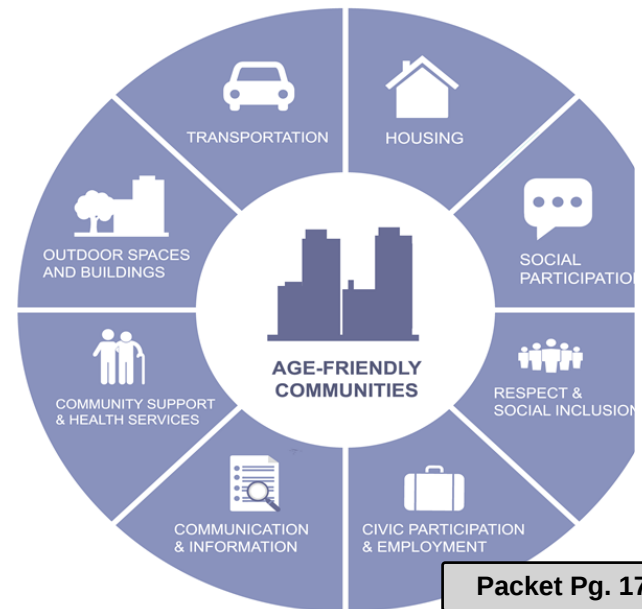
Engagement/Volunteer Coordinator (2 part time teammates totaling 35 hrs)

2 Instructors (2-5 hours a week)

Approximately 45 Volunteers

Priorities

- Age-Friendly Projects
(Communication, Transportation, Community Support)
- Senior Center Sustainability
(Endowment Program and Naming Rights)
- Older Adult Services Age Friendly Strategic Plan 2020-2025
- Program Development and Pricing Strategy
- Advocacy-Regionally and Locally



Changing Aging-Morgan Hill Involvement

Senior Advisory Committee-Chair Cricket Rubino

- Transportation Committee
- Outreach/Isolated Senior Committee
- South County Lifelong Learning Committee
- El Toro Social Club Committee/Morgan Hill Aging Council
- Endowment Committee

Sourcewise Advisory Council-Area Agency on Aging (AAA)

- Cricket Rubino-SCC Cities Association Representative
- Debbie Vasquez-Morgan Hill Representative

Other Regional Roles:

- Chair Sourcewise Transportation Committee
- California Parks Recreation Society District 4-Aging Services Representative
- California Parks Recreation Society Region 2-Aging Services Representative
- Aging Services Collaborative
- Age-Friendly County Network

National/Global Involvement:

World Health Organization Age-Friendly Cities Network

Presenting at the Aging in America Conference 2019 (American Society on Aging)



Senior Center Overview

Socialization

- Senior Center is open Monday-Friday, 8am-3pm
- Coffee, pastries, cards, TV, newspaper, puzzles, friendship

Nutrition Program-County funded, operated by YMCA

- 76+ meals served each day, 5 days a week
- Lunch Served at 12:00pm
- \$3 donation for those 60+, \$8 for those under 60
- Presentations, Entertainment, Parties, Activities



Senior Center-Free Support Services

Partnerships:

- Health Insurance Counseling and Advocacy (HICAP)-Sourcewise
- Senior Adult Legal Assistance-SALA
- Dementia and Alzheimer's Support Group-Alzheimer's Association
- Tax Preparation-AARP
- Information & Referral-City teammates/volunteers connect to Community Resources
- Health Screening-Evergreen Valley College



Senior Center- Free Programs

- Computer Lab- Monday-Friday 8am-3pm
- Computer Drop In Center- Wednesday 12-3pm
- Knitting and Stitchery-Thursdays 9:30pm-12:00pm
- Card Games
- Mexican Train Dominoes
- Billiards/Ping-Pong
- Mahjong
- Movie Matinee
- Karaoke
- Discussion Group
- Creative Writing
- Bocce Ball
- Haircuts



Health and Wellness

All Classes are included in CRC Membership for free. If participant is not a member, a drop in fee can be paid:

Subsidized Drop In Rate for those 50+

- Fitness for Arthritis-\$3
- 50+ Bootcamp-\$5

CRC Drop In Rate-\$11 resident/\$12 non-resident

- Zumba Gold
- Chair Yoga
- 50+ Pilates
- 50+ Yoga
- 50+ Functional Fitness
- 50+ Music and Moves
- TRX Lite
- Pickleball
- 50+ Drop In Basketball



Other Older Adult Programs

Fee Based Classes:

- Tai Chi for Arthritis Beginner-\$65 Resident/\$75 Non Resident/CRC Members Free
Tai Chi for Arthritis Advanced
Tai Chi for Energy Beginner
Tai Chi for Energy Advanced
- Water Color \$8 drop in/Monthly prepay \$6 a class



www.eltorosc.com

- Concerts
- Recreation Activities
- Social Events
- Outdoor Activities



South County
Lifelong Learning

- Rekindle your passion for learning through classes and lectures.
- 3rd and 4th Wednesday of the month at the CCC 10am-12pm

New Initiatives-Get'n Around Town

Volunteer Driver Program

Door to door transportation program that works with volunteers to provide seniors in Morgan Hill with safe rides.

Program Statistics-10/02/2017-12/31/2018

- 458 one-way rides for a total of 1,218 miles
- 12 riders
- Oldest rider is 98 years young (4 riders over 90)
- Average age of rider 84
- 10 active volunteers, 264 volunteer hours (volunteer drivers needed)

To enroll: Participants complete an application and pay a \$25 non-refundable service charge. All rides are scheduled at the Senior Center.

Fees per one way:

0-5 miles:	\$2
6-10 miles:	\$3
11-20 miles:	\$4

Total Amount Collected to date: \$1,427

Other Initiatives

Dementia Friends

88 dementia friends in Morgan Hill (Teammates and Volunteers)
Businesses, CBO's, Schools

Community Services Volunteer Program

Ann Pember
(408) 310-4258
csd.volunteer@mhcrc.com

Intergenerational Programming

Kids Club and Senior Center bi-monthly activities

Healthy Aging Week/Senior Resource Fair

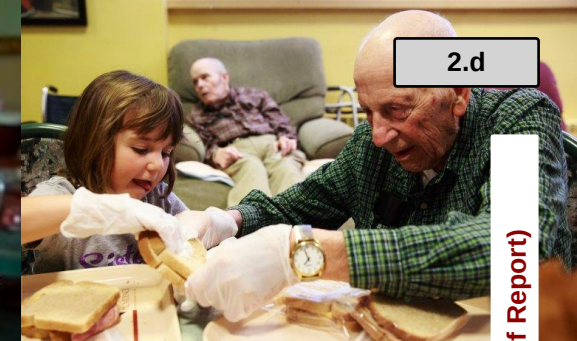
450 older adults participated
50+ community partners





Children involved in intergenerational relationships see enhanced social skills, better academic performance, less risk of using drugs and an enhanced sense of stability.

-Intergenerational Relationships Benefit All Involved, Lifelong Health by Dr. David Lipschitz, 2007



2.d



Thank you to our community partners!

Senior Advisory Committee Volunteers, Morgan Hill Chamber of Commerce, Visiting Angels, CareMore Health/Anthem Blue Cross, Home Instead Senior Care, County Department of Aging and Adult Services, CRC/YMCA, Friends of the Morgan Hill Senior Center, Veteran's Affairs, Gavilan College, Rotary, Westmont Senior Living, Sue's Story Project, Cochrane Road Self Storage, California Passport Tours, Loma Clara, Morgan Hill Downtown Association, C & M Raby Company, Russell and Tracey Scott, Market Me Video Production, Boy Scout Troop 730, Live Oak Reach Out Club, Santa Clara Valley Thunderbird Car Club, Sue's Story Project, Senior Adult Legal Assistance, Sourcewise, Alzheimer's Association, Kiwanis, Cherisse's Hair Salon, AARP, Center for Age Friendly Excellence (CAFÉ), Senior Center Volunteers, Morgan Hill Charter School, Mt. Madonna School, Oakwood Elementary, River of Life, MH Library, and many other community groups, senior service organizations, youth groups, and community members.



PARKS AND RECREATION COMMISSION STAFF REPORT

MEETING DATE: January 15, 2019

PREPARED BY: Chris Ghione, Public Services Director
APPROVED BY: Chris Ghione, Community Services Director

RESOLUTION IN SUPPORT OF THE CITY'S APPLICATION FOR GRANT FUNDS UNDER THE SANTA CLARA VALLEY WATER DISTRICT'S SAFE, CLEAN WATER AND NATURAL FLOOD PROTECTION PROGRAM

RECOMMENDATION(S)

Adopt a resolution in support of the City's application to the Santa Clara Valley Water District's Safe, Clean Water and Natural Flood Protection Grant Program for the Madrone Channel Trail Improvements.

REPORT NARRATIVE:

The purpose of this report is to request the Parks and Recreation Commission's adoption of a grant resolution in support of the submittal of a Safe, Clean Water grant application to the Santa Clara Valley Water District (SCVWD) for the enhancement of the Madrone Channel Trail.

The City of Morgan Hill is applying for a grant in the amount of \$200,000 and will be committed to matching funds of 50% (of the grant amount). In November 2018, the SCVWD released a Request for Proposals (RFP) for the Safe, Clean Water and Natural Flood Protection Grant Program with a total of \$571,000 available for fiscal year 2019. This grant program was created by the Safe, Clean Water ballot measure that was approved by Santa Clara County voters in November 2012. The purpose of this grant is to provide improved access to trails and open space. The countywide special parcel tax created by this ballot measure will sunset on June 30, 2028.

The Safe, Clean Water grant will fund the first of two phases to enhance the Madrone Channel Trail from Cochrane Road to Tennant Avenue. This first phase is approximately one mile and runs from Cochrane Road to Main Avenue. Proposed improvements include paving of the existing trail, planting of approximately 50 trees with temporary irrigation and installation of interpretative signage.

PRIOR BOARD ACTIONS:

The Parks and Recreation Commission previously recommended adoption the City's Bikeways, Trails, Parks and Recreation Master Plan, which was adopted by the City Council in July 2017, which included the recommendation for the enhancement of the Madrone Channel Trail.

FISCAL AND RESOURCE IMPACT:

The City is applying for a grant not to exceed \$200,000 to fund the paving, signage and trail improvements to the Madrone Channel Trail between Cochrane Road and Main Avenue. The City would provide a 50% match of \$200,000. Staff will pursue matching funds from additional sources including Measure B and grants from other agencies. If these efforts are unsuccessful, the City's Park Impact Fund will be the source for the match.

LINKS/ATTACHMENTS:

1. PRC Resolution in support of SCVWD Grant App_01162019

Resolution No: _____

A RESOLUTION OF THE PARKS AND RECREATION COMMISSION OF THE CITY OF MORGAN HILL IN SUPPORT OF THE CITY'S APPLICATION FOR GRANT FUNDS UNDER THE SAFE, CLEAN WATER AND NATURAL FLOOD PROTECTION PROGRAM OF 2012 FOR THE MADRONE CHANNEL GRANT PROJECT IN AN AMOUNT NOT TO EXCEED \$200,000.

WHEREAS, the City of Morgan Hill, is a municipal corporation and general law city duly organized and existing under and pursuant to the Constitution and laws of the State of California ("City"); and

WHEREAS, the Santa Clara Valley Water District has enacted the 2019 Safe Clean Water Priority D3 Grant Program, which provides funds for cleanup, education, outreach and watershed stewardship activities;

WHEREAS, the Santa Clara Valley Water District's Civic Engagement Unit has been delegated the responsibility for the administration of the grant program, setting up necessary procedures; and

WHEREAS, said procedures established by the Santa Clara Valley Water District require Grantee's Governing Body to certify by resolution the approval of Grantee to apply for and accept grant program funds; and

WHEREAS, the City desires to apply for the grant funds through the Santa Clara Valley Water District 2019 Safe Clean Water Priority D3 Grant Program; and

WHEREAS, if awarded, the City of Morgan Hill will enter into a Grant Agreement with the Santa Clara Valley Water District;

WHEREAS, the Parks and Recreation Commission determines that adoption of this Resolution is in the public interest.

NOW, THEREFORE, BE IT RESOLVED, THE PARKS AND RECREATION COMMISSION OF THE CITY OF MORGAN HILL DOES HEREBY FIND, DETERMINE, RESOLVE AND ORDER AS FOLLOWS:

Section 1. Recitals. The Parks and Recreation Commission does hereby find, determine and resolve that all of the foregoing recitals are true and correct.

Section 2. Approval and Authorization. The Parks and Recreation Commission does further resolve, order and or direct as follows:

- a. Supports the submission of an Application for grant funds from Priority D3 of the Safe Clean Water and Natural Flood Protection Program;
- b. Supports the acceptance of grant funds from Priority D3 of the Safe, Clean Water and Natural Flood Protection Program, upon approval of grant funding for the Project by appropriate authorities;

Section 3. This resolution shall take effect immediately upon adoption.

PASSED AND ADOPTED by the Parks and Recreation Commission of the City of Morgan Hill at its regular meeting held on this 16th day of January, 2019 by the following vote:

AYES:

NOES:

ABSTAIN:

ABSENT:

COMMISSIONERS:

COMMISSIONERS:

COMMISSIONERS:

COMMISSIONERS:

DATE: _____

∞ CERTIFICATION ∞

I, Irma Torrez, City Clerk of the City of Morgan Hill, California, do hereby certify that the foregoing is a true and correct copy of Resolution No. _____, adopted by the City Council at the meeting held on January 16, 2019.

WITNESS MY HAND AND THE SEAL OF THE CITY OF MORGAN HILL.

DATE: _____

Irma Torrez, CITY CLERK



PARKS AND RECREATION COMMISSION STAFF REPORT

MEETING DATE: January 15, 2019

PREPARED BY: Chris Ghione, Public Services Director
APPROVED BY: Chris Ghione, Community Services Director

COMMISSION WORK PLAN UPDATES

RECOMMENDATION(S)

Discuss and provide updates on Work Plan items.

REPORT NARRATIVE:

The Parks and Recreation Commission finalized its Work Plan on June 19, 2018. The City Council approved the Work Plan on July 18, 2018. Commissioners may use this item to discuss and provide progress on Work Plan items.

The Approved 2018/19 Fiscal Year Work Plan is attached.

LINKS/ATTACHMENTS:

1. PRC Workplan 1819 Final

Parks & Recreation Commission

FY 2018-19 Work Plan – Approved by Council 7.18.18

Assignments Updated 12.18.18

Project (Commissioner Responsible)	City Council Priority Supported	Staff Resources Required	Desired Outcome
1. Get Youth More Active in Parks and Recreation.	Supporting Our Youth, Seniors & Entire Community	Recreation Manager (Minimal)	Review program opportunities for new youth programming. (Grzan-Pieracci & Locicero)
2. Support Bicycle and Trails Development Efforts	Supporting Our Youth, Seniors & Entire Community	CS Director (Minimal)	1. Support the VTA Bicycle and Pedestrian Advisory Committee. (Berman) 2. Work to coordinate with community members on bicycle and trails issues with volunteer Bicycle and Pedestrian Advocacy Group. (Green)
3. Support efforts to create an inclusive playground	Supporting Our Youth, Seniors & Entire Community	CS Director (Significant) CS Coordinator (Moderate)	Support the group that has formed for the creation of an inclusive playground in Morgan Hill. Support in the planning and fundraising efforts. (Locicero, Wendt, Scott)
4. Support planning for updated sports facilities and partnerships	Supporting Our Youth, Seniors & Entire Community Economic Development & Telecommunications	CS Director (Significant)	1. Support development of partnership with new OSC operator. Provide recommendations on capital improvement projects. (van Keulen, Seehaffer) 2. Evaluate opportunities to construct sand volleyball facilities in partnership with a facility operator, including evaluating sports tourism impacts. (Wendt/Berman)
5. Support the Planning for the CRC Health and Wellness Expansion Project	Supporting Our Youth, Seniors & Entire Community	Recreation Manager (Significant)	Support planning for future health and wellness needs. Provide recommendations on proposals and designs. (van Keulen, Green)
6. Increase volunteer Adopt a Park Program participation	Supporting Our Youth, Seniors & Entire Community Maintaining Fiscal Responsibility Protecting the Environment	CS Director (Minimal) CS Coordinator (Minimal)	As an exploratory committee, evaluate the opportunity to recreate ongoing volunteer groups to support park maintenance. (Scott/Grzan-Pieracci)

Staff Resources Required: **0-50 hours = Minimal** **51-100 hours = Moderate** **100+ hours = Significant**

Attachment: PRC Workplan 1819 Final (2129 : PRC Workplan Updates)